

# Insta Energy Savings

Read the “Efficiency and Conservation” section of the *Secondary Energy Infobook*.

What efforts do you make to use less energy each day? Take a picture of yourself saving energy. Post it on social media. Include three tips or suggestions encouraging your friends to use less energy, too. Create a draft in the template below, or, draw a picture of an energy-saving action employed in the box below and include three energy saving tips in the comment area.



The form is a template for an Instagram post. It features a top header with a camera icon on the left, the word "Instagram" in the center, and a share icon on the right. Below the header is a profile picture placeholder (a circle) and a three-dot menu icon. The main body of the post is a large empty rectangular area. At the bottom of the post area are icons for heart, comment, share, and bookmark. Below these icons are three horizontal lines for writing a caption. At the very bottom of the form is the Instagram navigation bar with icons for home, search, post, activity, and profile.