

Spring and Summer Energy Saving Tips

Here are some Energy Saving Tips that will be helpful for Spring and Summer on Cape Cod and Martha's Vineyard!



- Use window shades or drapes, to help block heat from the sun.
- Open doors and windows early in the day or after sunset to promote cross-ventilation. Close them during the hottest hours of the day.
- Cook outdoors or use your microwave to help eliminate unnecessary heat from appliances.



- Turn off incandescent lights and use CFLs, which give off 70% less heat.
- Dry your laundry on a clothesline.
- Change your air conditioner filters monthly. This will help your unit run more efficiently.
- Use a programmable thermostat and set it at 75-78 degrees when you are home and 85 degrees when you are away.
- Use ceiling or room fans to help circulate air through your home.
- When using a dehumidifier, make sure that it is sized properly for your space and keep the setting as low as possible.
- Call 1-800-797-6699 to sign up for a **FREE** Home Energy Assessment, which will help reduce your heating and electric costs.

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